# University of Florida | Community Health and Family Medicine Dr. George R. Wilson Educational Symposium

## "On Being Well"

Presented by:
Morgan Andreoni,
UF Medical Student

Wednesday, October 9, 2024 | 12:15 p.m. – 12:45 p.m Virtual via Zoom

Zoom Link: https://UFHJax.zoom.us/j/94780893937?pwd=kmKkOUVJjglaCZKPsDYav4HdfXzM4i.1

Phone No.: 305-224-1968 Meeting ID: 947 8089 3937 Passcode: 270743

#### **LEARNING OBJECTIVES:**

Upon completion of this activity, participants should be able to:

- 1. Understand why well-being really matters
- 2. Recognize moral injury and what to do about it
- 3. Apply evidence-based lifestyle interventions
- 4. Create a wellness formula

### **Disclosure**

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Morgan Andreoni has disclosed that she has no relevant financial relationships.

#### Accreditation

The University of Florida College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

#### Credit

The University of Florida College of Medicine designates this live activity for a maximum of 0.5 AMA PRA Category 1 Credits $^{\text{TM}}$ . Physicians should claim only the credit commensurate with the extent of their participation in the activity.

For additional information, contact Donna Bailey at 904-244-7364 or e-mail donna.bailey@jax.ufl.edu.

Activity ID: 2988